



Working Holiday Iceland

Complete guide to requirements and application for your Nordic adventure

The Nordic Dream

Iceland offers a unique opportunity for young adventurers. Work, travel, and immerse yourself in a fascinating culture for 12 unforgettable months. Explore a country of extreme contrasts and breathtaking natural wonders, from massive glaciers to the northern lights, all while boosting your international work experience.



General Parameters

18-30

PERMITTED AGE RANGE

12

INITIAL VISA MONTHS

Universal Requirements

The program is specifically designed to promote cultural and work exchange among youth. The age limit is 30 years (inclusive) at the time of submitting the application.

The standard initial visa duration is exactly 12 months, offering a perfect timeframe to experience a full annual cycle in Iceland.

Core Procedures



Minimum Funds

To guarantee your solvency, 742,716 ISK deposited in your account is required, plus a return ticket (or verifiable extra funds to purchase it).



Government Fee

The official fee to process the visa application is 40,000 ISK.
Important: Japanese citizens are exempt from this payment.



Physical Submission

The process requires sending original physical documentation (Form D-110) via postal mail to the Directorate of Immigration in Iceland.

Proof of Funds

Official Financial Backing

The Directorate of Immigration is strict regarding how economic support is proven.

- **Original Document:** Through a physical bank statement, duly certified and stamped by the entity.
- **Exclusive Ownership:** The account must be exclusively in your name. Sponsors or joint accounts are not accepted.
- **Format and Language:** It is mandatory that the document is issued or translated into English, Icelandic, or a Nordic language.



Documentary Requirements

Criminal Record

Guaranteeing a suitable profile is fundamental for approval.

It is **mandatory** to present a physical criminal record certificate issued by the highest national authority of your country of habitual residence. This document is critical and must not be older than 12 months at the time of your application.

Translations and Legalizations

The presentation format is key in Nordic bureaucracy.

Any official document (bank, criminal record, etc.) not in the permitted languages must be legalized (Hague Apostille) and translated into English or Nordic languages exclusively by a certified public translator.



Health and Education

Regulations and specifications to ensure a safe and productive stay under the Working Holiday format in Iceland.

Mandatory Health Insurance

Protection in your first months

Unlike other destinations, Iceland has a public health system that absorbs residents after a specific time, but requires initial private coverage.

- You must purchase private insurance with a minimum coverage of **2,000,000 ISK** (including repatriation).
- This insurance must be valid only for your **first 6 months** in the country.
- After completing that half-year period, you will automatically transition to Iceland's national public health insurance system.



Medical Exams and Studies

Clinical Examinations

Iceland maintains a strict preventive health protocol depending on the passport you hold.

It is mandatory to undergo medical tests to rule out infectious diseases within the first two weeks after arriving on Icelandic soil. *Note: Nationalities like Japan or the UK are exempt due to health agreements.*

Study Opportunities

The "Working Holiday" visa privileges cultural experience and temporary work.

You are fully allowed to enroll in educational programs as a secondary activity (short courses or Nordic language schools). However, it is strictly **prohibited to pursue full university degrees** with this visa.

Specifications by Country

Nationality	Annual Quotas	Extension Possibility
Canada	120 (Moderate Demand)	Renewable for 12 extra months (Total 24)
Chile	40 (Very High Demand)	Renewable for 12 extra months (Total 24)
Japan	30 (Very High Demand)	Not applicable. Strict 12-month limit.
United Kingdom	Limit not published	Renewable for 12 extra months (Total 24)

Application Process



1. Documentation

Gather your passport, legalizations, sworn translations, and request your original bank statement.



2. Form Submission

Complete the official Form D-110 physically, sign it by hand, and send it via certified postal mail.



3. Payment and Biometrics

Pay the 40,000 ISK government fee and attend in person for fingerprinting and photography.



4. Approval

Upon receiving the green light, travel to Iceland and make sure to take your medical exams (if applicable) upon arrival.



Annual Quotas by Country



Visa availability varies drastically. While Canada enjoys the highest volume with 120 spots, nationalities like Chile or Japan face intense competition for spots that sell out quickly.

Application Checklist D-110

- ✓ **Passport and Identity:** Valid passport, color copies (cover to cover), and 1 passport-sized photo (35x45mm).
- ✓ **Official Form:** The original Form D-110, duly completed and physically signed.
- ✓ **Clean Record:** Physical criminal record certificate, apostilled and translated.
- ✓ **Economic Solvency:** Original and certified bank statement (demonstrating the minimum 742,716 ISK).
- ✓ **Security:** Health insurance policy with a minimum coverage of 2,000,000 ISK for the first 6 months.
- ✓ **Logistics:** Confirmed return flight ticket or additional funds to cover it.
- ✓ **Process:** Proof of payment of the government fee to immigration (40,000 ISK).

Top Destinations in Iceland



Reykjavik

The modern and vibrant capital, ideal for settling down, finding your first urban jobs, and starting the adventure in a community.



Akureyri

The charming "Capital of the North", surrounded by spectacular fjords and a gateway to the most pristine nature.



Vík

Famous for its black volcanic sand beaches and dramatic cliffs on the south coast. Perfect for the tourism sector.

Questions?

Thank you for your attention and best of luck with your application to Iceland!

www.volare-global.com | info@volare-global.com

Image Sources



https://as1.ftcdn.net/v2/jpg/02/96/16/12/1000_F_296161214_LLdC6VoGGyxjQ8hn9pijtqIUIMYycKRo.jpg

Source: www.ukposters.co.uk



https://static.vecteezy.com/system/resources/previews/071/520/827/large_2x/person-working-on-laptop-computer-checking-tasks-and-documents-digital-checklist-and-process-modern-workspace-efficient-workflow-effective-planning-remote-work-online-business-digital-technology-produ-photo.jpg

Source: www.vecteezy.com



Thumbnail for

www.istockphoto.com

https://media.istockphoto.com/id/2033364361/photo/traveling-and-exploring-iceland-landscapes-and-travel-destinations-female-tourist-watching.jpg?s=1024x1024&w=is&k=20&c=Q_IYbYFgDYpB11JCavRzh1aXA8lyLuQN9V91ZhZ8wY=

Source: www.istockphoto.com



<https://media.istockphoto.com/id/973771748/photo/reykjavik-city-scape-frop-the-top-with-hallgrimskirkja-church-aerial-photo-religious-building.jpg?s=612x612&w=0&k=20&c=4Nw1zLVzJdwksyg2lcgwDX1XJ9yYujGEfCOVpaKnXjc=>

Source: www.istockphoto.com



https://www.icelandhotelcollectionbyberjaya.com/static/news/midbaer-1__1486546974_185.56.12.2.jpg

Source: www.icelandhotelcollectionbyberjaya.com



https://www.thebohoguide.com/wp-content/uploads/job-manager-uploads/main_image/2017/01/15.jpg

Source: www.thebohoguide.com